



Sports Residency SIG Newsletter

Winter 2012

Sports Residency SIG Officers

Chair – John DeWitt

Vice-Chair – Scott Straker

Treasurer – Airelle Hunter-Giordano

Secretary – Craig Garrison



Sports Residency Highlight

St. Luke's – Elks Rehab Sports Physical Therapy Residency

Q&A with Sports Residency Director Al Crothers

Sports Residency SIG: What are some components of the St. Lukes-Elks Rehab Sports (SLER) Physical Therapy Residency that contribute to your success in training residents?

Sports Residency Director: We have a great relationship with our ATC's who provide on field/court/ice mentorship. Additionally, the residents work closely with their PT mentors both clinically and didactically.

Sports Residency SIG: What have been the biggest barriers to success in the daily operations of your program?

Sports Residency Director: In our busy clinics, it is sometimes hard to get the right mix of sports patients with specific diagnoses to the residents. We quarterly review their caseload and move the residents within our system to clinics that have the appropriate patients.

Sports Residency SIG: Describe a unique learning experience in which your residents are able to participate during their training.

Sports Residency Director: We have a monthly journal club which the residents lead as well as our monthly MD, PT, ATC sports symposium where the residents present diagnosis specific research.

Sports Residency SIG: What strategies/initiatives do you plan to implement in the future to further strengthen the SLER Sports Physical Therapy Residency?

Sports Residency Director: We are working on expanding our relationship with Boise State University and their Center for Biomechanical Research (COBR) and the Boise Hawks (Chicago Cubs) minor league team.

Sports Residency SIG Announcements

Sports Certified Specialist Review Courses

Date: January 14 - 15, 2012

Location: Arlington, TX

Date: January 21 – 22, 2012

Location: Wayne, NJ

Phone: 864.454.0904

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Contact: Brad Eggebraaten

Sports Physical Therapy Residency SIG Business Meeting – CSM 2012 Chicago

Date: February 10th, 7:00 – 8:00 a.m. – Hilton Conference Room, 4J

Sports Physical Therapy Residency Research Presentations – CSM 2012 Chicago

Date: February 10th, 3:30 – 5:30 p.m. – McCormick Place, 253B

Congratulations to programs credentialed or re-credentialed in 2011. The addition of the new programs increases the total number to 20 sports residency/fellowships programs throughout the country.

Credentialed:

- Accelerated Sports Physical Therapy Residency Program
- Physical Therapy Services, P.A.'s Sports Physical Therapy Residency

Re-credentialed:

- Gundersen Lutheran Sports Physical Therapy Residency Program
- Fairview Sports Physical Therapy Residency
- OSU Sports Medicine Sports Residency

For information regarding the newsletter contact Craig Garrison at CraigGarrison@TexasHealth.org