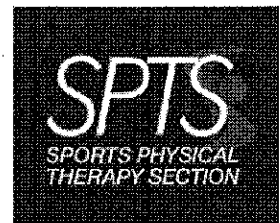


Sports Physical Therapy Section Business Meeting
APTA Sections Meeting – San Diego CA
Friday, February Combined 19, 2010



MINUTES

I. Minutes from SPTS Business Meeting CSM 2009 (February 11, 2009, as published on the website)

- a. Motion from floor To Accept
- b. 2nd from the floor
- c. Vote – all were in favor, none opposed
- d. Action – Motion passed

II. Welcome

- a. John Barnes – CEO of APTA
 - i. Updates from APTA
 - 1. Finances
 - a. Stability is good in comparison to other
 - b. 2009 Expenses below budget and a 1% increase in income
 - i. \$900,000 gain including investments
 - c. Analysis of all non-due revenue sources is being completed
 - d. Analysis of all programs presently
 - 2. Membership
 - a. 1.3% in PT membership
 - b. 3.7% in PTA's
 - c. 6.5% increase in students
 - d. Reasons
 - i. Value added programs for retention and new members
 - 3. Gov't Affairs
 - a. Ongoing Health care reform
 - i. APTA agenda is the same
 - 1. Payment/Reimbursement improvement
 - 2. Direct Access
 - 3. Medicare Therapy Cap cessation
 - b. APTA Member support
 - i. Overwhelming grass roots
 - 4. 2010 Happenings
 - a. Brand rollout to Consumers
 - i. Last year rollout to members for buy-in
 - ii. Social media
 - 1. TV Ads
 - b. APTA Website enhancement
 - i. Technology upgrades occurred in 2009
 - ii. Website re-design
 - iii. Consumer/Clinician portal – 1-stop shop
 - c. Task force on Global engagement
 - i. Potential impact in International arena
 - 1. Summit on Direct Access from Across the World
 - d. Task for on Governance Review
 - i. Recommendations expected by Labor Day
 - e. Outreach activities –
 - i. Meeting with Don Jackson with Easter Seals
 - 1. Collaboration potential
 - ii. Future meetings

1. Contacts will be made and membership kept informed
 - f. Questions invited
 - g. Appreciation for APTA support given by Kevin Wilk
- b. Kevin Halsey – APTA BOD liason
 - i. Scott Ward – sends best wishes
 - ii. Issues/Questions were invited from SPTS membership
 - iii. Appreciation given for his support and work by Kevin Wilk
- c. PJ Phelps – SPTS Liaison, APTA Nominating Committee, SPTS Member
 - i. Positions that will be up for election
 1. Speaker of the House
 2. Treasurer
 3. 3 Nominating Committee members
 - ii. NC 1 form
 1. Nomination form on APTA website
 2. Utilize this form in order to Nominate a member for any of these positions
 - iii. NC 2 form
 1. This form is sent to nominee for acceptance of nomination once NC 1 form received
- d. Susan Apling, APTA PAC representative
 - i. 2009 Efforts
 1. \$957,000 raised, highest amount in a non-election year
 2. only 10.9% of APTA membership participating
 3. Goals
 - a. Increase 16.5%
 - b. Increase participation amount
 4. Appreciation expressed for continued support
- e. Shane Ignes, SPTS representative from Student Assembly
 - i. Director of Student Assembly
 1. Publication of the PULSE and has discussed issues with Stacey Pagorek
 2. Goal – increase of student involvement in APTA and as SPTS representative, to SPTS as well
 3. Request for sponsorship of one student to go to Federal Assembly Board
 4. Expressed interest to facilitate communication between SPTS and Student Assembly
- f. Scott Ward, President APTA
 - i. Gratitude expressed for continued support of SPTS through rough times including NATA lawsuit and present economic environment
 - ii. NATA Lawsuit
 1. Acknowledged dual credentialed individuals
 2. Acknowledged that NATA's announcement post-lawsuit is different than APTA's resolution announcements
 - a. Encouraged SPTS members to review/read APTA's postings re: resolution of the lawsuit on www.apta.org

III. President's Report – Kevin Wilk

1. Introductions and Appreciation to
 - a. Tammy Jackson
 - b. Mark DeCarlo
2. 2009 Accomplishments
 - a. Increase Income/Decrease Expenses
 - b. HSC Course 20% Increase
 - c. 2010 Budget – in the black
 - d. CSM 2010 - Attendance increase
 - i. Congratulations given to Barb Hoogenboom

- e. SPTS Membership decreased by 6%
 - f. Announcements
 - i. SPTS will be partnering with AAOSM in their program SPOT program
 - g. Acknowledgements
 - i. Rob Manske with Educational opportunities
 - ii. Barney Poole – SPTS Gala
 - iii. Dave Lodgerstadt – Silent Auction coordinator
 - iv. Stacey Pagorek – Member Services Team Leader
 - v. David Greathouse – President of JOSPT
3. 2009 Goals:
- a. Even more member involvement & student activities
 - b. Increase educational activities
 - c. Promote our 3 journals (NAJSPT, JOSPT & JSH)
 - d. Create additional revenue sources for Section

IV. Executive Director Report - Mark DeCarlo

- 1. SPTS Office Administration update
 - a. Gratitude expressed to
 - i. Executive Committee
 - ii. Tammy Jackson
 - iii. Mary Wilkinson
 - b. Office Location to be in Indianapolis at Pan Am Plaza
 - c. Update of Website
 - i. Election module in 2009
 - 1. paid for itself in 1st election
 - 2. 2010 election upcoming
 - 3. Cost effective
 - ii. Rotating banner module
 - 1. Promotion of corporate modules
 - 2. Functional in the next month
 - 3. Invited member input for consideration
 - iii. NAJSPT
 - 1. Electronic transmission in 2009
 - 2. Transition of Editor in Chief
 - a. Outgoing – Bill Bandy
 - b. Incoming – Michael Voight
 - iv. Member benefits
 - 1. 3 journals
 - a. JOSPT
 - b. NAJSPT
 - c. Sports Health
 - v. Sports Health
 - 1. Executive Director from AOSSM
 - a. Expectation of rebate/profit sharing \$30,000.00
 - vi. Budget
 - 1. Good turnaround of finances
 - a. Decreased
 - b. Increased revenue
 - i. Success of CSM
 - ii. Success of TCC
 - 2. Transitioning monies into Investment account and Legacy Fund
 - a. \$10,000 of Legacy funds to provide grants for research in 2010
 - vii. STOP program
 - 1. Stop Trauma and Overuse Program
 - 2. Partnering with AOSSM

3. **Groups involved**
 - a. **Safe Kids**
 - b. **AAOS**
 - c. **NATA**
4. **Under consideration**
 - a. **American Academy of Pediatrics**
 - b. **American Academy of Family Physicians**
- viii. **Acknowledgements and Gratitude**
 1. **Bill Bandy, First Editor in Chief, NAJSPT**
 2. **Kevin Wilk, President SPTS 2007 - 2010**

V. Vice Presidents Report - Rob Manske

1. **Professional Development Team: Walt Jenkins (Team Leader)**
 - a. **Publications : Mark Paterno (Publications Chair); Cliff Hall and Mark Weber (Editors); Mary Wilkinson (Managing Editor)**
 - i. **Articular Cartilage – Editor: Tim Tylor; June 2009**
 - ii. **Pediatric Jan 2010; Editor: Joe Moloney**
 - iii. **Hip June 2010; Editor Lori Bolgla**
 - iv. **Knee Jan 2011; Editor: Rob Manske, Jan 2011**
 - v. **Running June 2011 Editors Mark Reinking and Mitch Rauh,**
 - vi. **Sports PT Competencies: Editor TBA, 2012**
 - vii. **Shoulder: Editor TBA 2012**
 - b. **Conferences**
 - i. **TCC 2010 (Bally Hotel and Casino - Las Vegas, NV – December 3-5, 2009) Program Committee: Tim Tyler (Chair), Walt Jenkins, Kevin Wilk, Marty Huegel**
 - ii. **Specialty Courses (regional conferences on specialty areas)**
2. **Educational Programming Team: Barb Hoogenboom (Team Leader)**
 - a. **CSM: Barb Hoogenboom**
 - i. **Pre-Conference Courses**
 1. **Titleist I – 88 people**
 2. **Titleist II – 72 people**
 3. **Running Pre-conference**
 4. **Hip Pre-conference 28 participants**
 - ii. **Research - Tim Sell**
 - b. **Emergency Responder: Danny Smith, 18 courses 2009**
3. **Residency and Fellowship Programs – John DeWitt, SPTS Residency SIG Chair**
 - a. **Newly Credentialed Sports Residency program**
 - i. **Howard Head Sports Medicine Center Sports Physical Therapy Residency Program – Contact Victoria Bartel, PT, SCS**
 - ii. **University of Mississippi Medical Center Sports Physical Therapy Residency Program – Contact William Woodall, PT, EdD, SCS, ATC**
 - iii. **Hospital for Special Surgery Sports Physical Therapy Residency Program – Contact: John Cavanaugh PT, MEd, ATC**
 - b. **Re-credentialed Sports Residency program**
 - i.
 - c. **Credentialed Sports Physical Therapy Residency Programs**
 - i. **Centers for Rehab Services Sports Physical Therapy - Contact: Tara Ridge PT, MS, SCS**
 - ii. **Gundersen Lutheran Medical Foundation Sports Physical Therapy -Contact: J. Scott Straker, PT, MS, SCS, ATC**
 - iii. **Howard Head Sports Medicine Center Sports Physical Therapy Residency Program – Contact: Victoria Bartel, PT, SCS**
 - iv. **Minneapolis Sports Medicine Center - Contact: Peter Ames, PT**
 - v. **ProAxis Therapy Sports Physical Therapy - Contact: Douglas Wix PT, DPT, SCS, MTC**

- vi. ProRehab and University of Evansville Sports Residency Program – Contact: Phil Plisky, PT, DSc, OCS, ATC/L
- vii. Skyline Hospital Sports Physical Therapy - Contact: David Wiltsie, MSPT, SCS
- viii. The Ohio State University Sports Medicine Center - Contact: John Dewitt, PT, DPT, ATC
- ix. University of Cincinnati/NovaCare Rehabilitation Sports Physical Therapy Residency Program – Contact: Bob Mangine, PT, Med, ATC
- x. University of Delaware Sports Physical Therapy - Contact: Lynn Snyder-Mackler, ScD, PT, SCS
- xi. US Military - Baylor University Postprofessional Sports Medicine - Physical Therapy - Contact: LTC Paul Stoneman, PT, PhD, OCS
- d. Credentialed Sports Physical Therapy Fellowship Programs
 - i. Duke University Sports Physical Therapy - Contact: Bob Bruzga, PT, OCS, SCS, ATC

VI. Secretary Report - Teresa Schuemann

- 1. Membership Services Team: Stacey Pagorek (Team Coordinator)
- 2. Membership – Erik Meira, Team Coordinator; Team members: Robyn Smith
 - i. Membership statistics as of year end 2009:
 - 1. PT – 5469
 - 2. PTA - 205
 - 3. Students - 778
 - 4. TOTAL – 6452 (vs. 6846 in 2008) – 6% decrease in membership
 - b. Public Relations – John Stemm, Team Coordinator; Team Members: David Logerstedt and Scott Miller
 - c. Website Content Coordinator–Position open at this time
 - d. Sports Specialty Council – Ed Mulligan, Chair
 - i. Council members: Ed Mulligan, Teresa Schuemann and Mike Rosenthal
 - e. Awards – Barbara Sanders, Team Coordinator; Team Members: Drew Jenks, Diane Slaughter, Diane Slaughter

VII. Treasurer Report – Gordon Eiland

- 1. Finance Team- John DeBlasis, Joe Black, Mark DeCarlo (as executive director) team members
 - a. Attached handout
 - b. Expenses – \$507,077, 17% reduction
 - c. Income - \$625, 488, 14% increase
 - d. Reserves to Expenses
 - i. Recovered
 - ii. 74% Reserve to Expense ratio
 - 1. well above APTA recommendations
 - e. 2010 Budget
 - i. Income projection – about the same
 - ii. Expenses – increase expected with Website
 - iii. Money Manager Performance
 - 1. Held relatively stable over the last year.

VIII. Representative at Large Report – Gail “Cookie” Friedhoff

- 1. Governance Services Team: Bryan Heiderscheid (Team Coordinator)
 - a. Bylaws - Barney Poole, Team Coordinator
- 2. Special Interest Groups
 - a. Athletes with Disabilities (Shayna Harrington, 2010 – 2013, 1st term)
 - b. Emergency Responder (Danny Smith – 2010 – 2013, 2nd term)
 - c. Female Athlete (Mitch Rauh – 2009 – 2012, 2nd term)
 - d. Golf and Golf Performance (Skip Hunter 2010 -2013)
 - e. Knee (Lori Bolgla and Bart Bishop – co-chairs 2010 - 2013)

- f. Pediatrics (Joe Molony – SPTS and Kevin McHorse – Peds - 2007 to 2010)
 - g. Collegiate & Professional Athlete (John Stemm and Allen Hardin – co-chairs – 2009 to 2012)
 - h. Shoulder (Mike Mullaney – 2009 to 2012)
 - i. Residency (John DeWitt 2010 – 2013)
 - j. Hip (Erik Meira 2009 – 2011)
 - k. Running SIG – pending, Bryan Heiderschiet and
 - 3. State Representative Network – Shane McClinton
 - a. Please refer to Website for States with Vacancies
 - 4. Nominating Committee – Jaynie Bjornaraa (Chair), John Stemm and J.W. Matheson
 - i. Slate of candidates for 2009 election
 - 1. Treasurer
 - a. Gordon Eiland,
 - b. Jonathan Rhodes
- Motion – Nominations cease from floor
 2ND – From Floor
 Passed
- 2. Representative at Large
 - a. Cookie Freidhoff
 - b. Scott Miller
 - c. Gary Calabrese
 - d. Tina Recalde
 - e. Tom Caldwell
 - f. Nicole Wojno
- Motion – Nominations cease from floor
 2nd – from floor
 Passed
5. National Physical Activity Plan:
 - a. It is a plan developed by the American College of Sports Medicine and the President's Council on Physical Fitness and Sports in attempt to increase public awareness and commitment to maintaining a fit life. There will be 2 conference calls in Feb. that we can take part in. It is set to go live May 3rd.
6. Athletes in the Arts:
 - a. Joint initiative of the American College of Sports Medicine and the Center for Music Arts Entrepreneurship to integrate the science of wellness/exercise and music to mutually benefit both areas.
 - b. It is an initiative focused on linking exercise science and musician communities through collaborative exchange and application of wellness, training and performance research initiatives.
 - c. It is committed to the belief that athletes exist throughout the performing arts community and that the training and wellness techniques and resources of sport athletes can benefit artists' general health and performance.
 - d. The initial focus of this initiative will be on the musician community, the long term goal is to serve all of the performing arts.
 - e. ACTION: The involved organizations' representatives want SPTS members to do a news letter article(s) about prevention of injuries with the musical athletes.

IX. Other Reports

- 1. Journal of Orthopaedic & Sports Physical Therapy: Guy Simoneau, Editor in Chief
 - a. 2009 Content Enhancements
 - b. Expanding International Partnerships
 - i. 18 associations in 17 countries
 - ii. Accounting of 30% of subscriptions
 - c. Website Growth
 - i. Increased number of visits to site
 - ii. Increased number of visitors 2010 – over 40000 people
- 2. Sports Health Journal, George Davies, Associate Editor

- a. 130 submissions
 - i. 90% solicited
 - b. 63 papers published
 - i. About 10 papers/paper
 - c. SAGE Publishers
 - i. Recommended submission to Index Medicus
 - 1. pending acceptance at this time (expected outcome in Feb.)
3. North American Journal of Sports Physical Therapy : Michael Voight, Editor in Chief
- a. Gratitude expressed to EC and Bill Bandy
 - b. Submissions have increased
 - i. Request for submissions ongoing
 - c. Plan
 - i. Greater presence worldwide
 - d. Associate Editors
 - i. Position added to represent Europe
 - e. Editorial board
 - i. Expanded to represent countries of WCPT
 - f. Index Medicus
 - i. Re-submission for inclusion is being investigated
 - g. Online Journal
 - i. Improved notification of journal online publication is being investigated and should occur in the next quarter
 - h. Questions entertained
 - i. Call for papers is ongoing
 - ii. Submission process posted on website
 - 1. has been streamlined
 - iii. Pending papers
 - 1. Contact Bill Bandy with any pending papers in which you have not received communication about paper status

X. Old Business

- a. None at this time

XI. New Business

- a. CSM 2011 – New Orleans,
 - i. Preconferences – plan is for 3
 - ii. Scholar One - open now and closes April 1st
 - 1. Programming ideas
 - a. Submit to Scholar One
 - b. Meet with SIG chairs re: specific SIG programmig
 - c. Speak with Barb Hoogenboom for advisement
- b. TCC 2010 – Dec 2 – 4
 - i. Preconference Courses
 - 1. On-field management of Cervical and Neck Injuries
 - 2. Residency 101
 - ii. Courses
 - 1. Throwing Shoulder
 - 2. Articular Cartilage of Knee
 - 3. Patellofemoral Instability

XII. Announcements

- a. Introduction of Tim Tyler, President Elect (June 2010)
 - i. Goal to increase Voting
 - ii. Plan
 - 1. Increased SIGs
 - 2. Regional meetings

3. NAJSPT – back to print

XIII. Adjourn – Closing remarks by Kevin Wilk followed by adjournment at 6:25 pm.

2010 SPTS Awards Ceremony and Reception – Immediately followed at 6:30 under direction of Barb Sanders – Hilton Sapphire OP