



Sports Residency SIG Officers

Chair – John DeWitt

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Treasurer - Airelle Hunter-Giordano

Secretary – Craig Garrison

Sports Residency SIG Newsletter

August 2010



Sports Residency Highlight

The University of Mississippi Medical Center Sports Physical Therapy Residency Program

Q&A with Sports Residency Director Dolph Woodall

Sports Residency SIG: What components of your program do you think best help to train your residents?

Sports Residency Director: The two biggest points that aid in the training of our residents are: 1) Extensive multi-professional educational opportunities with orthopedic surgery residents, family medicine residents and fellows, and other health professionals on campus, & 2) the varied experiences in training rooms from the high school level to the NCAA Division 1 level. We feel this is a unique experience at the residency level.

Sports Residency SIG: What barriers have you been able to overcome to ensure success of your program?

Sports Residency Director: The biggest barrier was convincing the administration that the resident could do all the things we ask them to do and still not be a revenue drain on the department. We were able to convince them of this with data collected from the first resident and things have gone smoothly since then.

Sports Residency SIG: Describe a unique learning experience in which your residents were able to participate (professional/national event coverage/rehabilitation, local, national presentations, non-profession endeavors, etc).

Sports Residency Director: The extensive experience in the various training rooms and on the field is something we feel is unique to our program. Also our resident has been able to cover some unique events such as Professional Bull Riding and the 2 week long International Ballet Competition.

Sports Residency Highlight continued

Sports Residency SIG: What strategies/initiatives do you plan to implement in the future to further strengthen your program?

Sports Residency Director: With our third resident just starting July 1, we are making subtle organizational changes. Our first resident passed the boards with flying colors and our 2nd resident is signed up to take it. We haven't identified any areas of weakness in our curriculum or clinical experiences, so we don't have any major changes planned at this time. We are currently looking at expanding to 2 sports residents, so that is the most important thing we are looking at right now.

More information regarding the residency, including a description of a typical work week and contact information, can be found at: <http://shrp.umc.edu/PT/residency.html>

Class of 2010-2011 Sports Residents

University of Mississippi – Randi Moak – July 2010

Proaxis Therapy – Laura Stanley, Phillip Galloway, Jenni Wakeman – July 2010

St Lukes-Elks Rehab – Erin Cubick, September 2010

Ohio State University – Travis Obermire, Andrew Sweeny – September 2010

UPMC Centers for Rehab Services - Christin Donofrio – August 2010

University of Delaware – Kurt Gengenbacher – June 2010

Howard Head Sports Medicine – Zachary Chandler, Nick Hagen – July 2010

ProRehab & University of Evansville – Frances Enzler – July 2010

Fairview Sports Physical Therapy – John Corbo, Robert Himmerick – August 2010

US Military - Baylor University Post professional Sports Medicine - Joe Miller, Rich Westrick
Angie Diebal, Justin Theiss, Scott Carow – June 2010

Shands Rehabilitation & UF Physical Therapy – Christy Martin – August 2010

University Sports Medicine – Jeremy Peters – January 2010

St. Francis University – J. Ryan Bair, Justin Payette – August 2010

Duke University Sports Fellowship – Randy Lazicki (Fellow) – July 2010

Hospital for Special Surgery – Jessica Hettler – January 2010

Announcements:

2011 CSM Sports Residency Presentations. The 2011 CSM will have a platform session highlighting case studies and research projects from graduates of accredited Sports Residencies.

For information regarding the newsletter contact Craig Garrison at CraigGarrison@TexasHealth.org