



Sports Residency SIG Newsletter

Winter 2011

Sports Residency SIG Officers

Chair – John DeWitt

Vice-Chair – Scott Straker

Treasurer – Airelle Hunter-Giordano

Secretary – Craig Garrison



Sports Residency Highlight

The Hospital for Special Surgery Sports Clinical Residency Program

Q&A with Sports Residency Director John Cavanaugh

Sports Residency SIG: What are some components of the HSS Sports Physical Therapy Residency that contribute to your success in training residents?

Sports Residency Director: A large, very experienced, multidisciplinary faculty with diversified backgrounds and strengths. Presently 10 orthopaedic surgeons, 3 Sports Medicine physicians, 8 physical therapists and 3 athletic trainers share their knowledge and experience with the Sports PT Resident during didactic and clinical instruction. In conjunction to these experiences, the Sports PT Resident attends the weekly Sports Medicine Conference, observes surgery and is exposed to numerous professional and community education programs offered by the leading orthopaedic hospital in the country.

Sports Residency SIG: What have been the biggest barriers to success in the daily operations of your program?

Sports Residency Director: New York City traffic. Most of our resident's on-field experiences are performed at the US Merchant Marine Academy in Kings Point, NY (approx 20 miles from HSS). We attempt to "beat the traffic" by ending the resident's clinical day earlier, so as to allow an earlier exit from the city, thus avoiding rush hour traffic.

Sports Residency SIG: Describe a unique learning experience in which your residents are able to participate during their training.

Sports Residency Director: In 2010, we developed a relationship with the NY Giants Football Team that enabled our resident to spend an entire day working alongside the Giants medical staff during two-a-day sessions at their pre-season training camp in Albany, NY



HSS Sports PT Resident Jessica Hettler, PT/ATC at NY Giants Training Camp, August 2010

Sports Residency Highlight continued

Sports Residency SIG: What are the long-term plans to further strengthen the HSS Sports Physical Therapy Residency?

Sports Residency Director: Several physician members of our faculty serve as Team Physicians to local professional teams. The plan is to develop relationships with these teams and their medical staffs in order to increase the exposure of the Sports PT Resident to professional sports.

More information regarding the residency can be found at: <http://www.hss.edu/21549.asp>

Sports Residency SIG Announcements

CSM 2011

Residency SIG Business Meeting at CSM: Friday, February 11th, 7-8 a.m. Location TBA

Sports Residents Case Conference at CSM: Saturday, February 12th, 1-4 p.m. Location TBA

Sports Physical Therapy Section

The Sports Section Executive Board has recently approved the following initiatives:

- a. Reduced pricing for Section-sponsored Emergency Responder Course for members entering a credentialed residency program.
- b. Grant funding for developing residency and fellowship programs. For more information and to download an application, please go to the SPTS webpage

Upcoming Courses

Sports Certified Specialist Review Courses – Practice test and complete study manual

Location: St. Luke's Physical Therapy, 2301 Cherry Lane, Bethlehem, PA 18015

Dates: January 15th and 16th, 2011 Cost: \$450.00

Contact: Tim Miller (tmiller@stlukesrehab.com)

Location: Proaxis Therapy, 200 Patewood Drive, Greenville, SC 29615

Dates: January 22nd & 23rd, 2011 Cost: \$450.00

Contact: Brad Eggebraaten (brad.eggebraaten@proaxistherapy.com)

Emergency Responder Course

Location: CSM 2011, Lavin-Bernick Center, Suite 218, LBC, New Orleans, LA

Dates: February 6th – 8th, 2011 Cost: \$395.00 (SPTS member)

Contact: email: spts@ameritech.net \$495.00 (non-member)

Location: Proaxis Therapy, 200 Patewood Drive, Greenville, SC 29615

Dates: July 15th – 17th, 2011 Cost: \$450.00

Contact: Brad Eggebraaten (bradeggebraaten@proaxistherapy.com)

For information regarding the newsletter contact Craig Garrison at CraigGarrison@TexasHealth.org